

W/C: 19th Feb, 11th March, 15 April, 6 May, 3 Jun, 24 Jun, 15 Jul

week: 01

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MILD BUTTER CHICKEN
Served with
Whole Grain
Rice & Carrots

TRADITIONAL BBQ BEEF SLOPPY JOES
Served with
Homemade Rainbow Slaw

ROAST GAMMON
Served with
Crispy Roasties,
Peas & Sweetcorn

HOMEMADE PIZZA MARGHERITA
Served with
Roasted
Garlic Broccoli

GOLDEN FISH FINGERS
Served with
Chips &
Sweetcorn

SWEET POTATO CHANA MASALA
Served with
Whole Grain Rice
& Carrots

CRISPY TOPPED VEGETARIAN PIE
Served with
Homemade Rainbow Slaw

REALLY CHEESEY CAULIFLOWER
Served with
Crispy Roasties,
Peas & Sweetcorn

SQUASH & CHICKPEA TAGINE
Served with
Couscous & Roasted
Garlic Broccoli

VEGGIE FINGERS
Served with
Chips &
Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

PENNE PASTA WITH TOMATO SAUCE

PENNE PASTA WITH TOMATO SAUCE

PENNE PASTA WITH TOMATO SAUCE

PENNE PASTA WITH TOMATO SAUCE

PENNE PASTA WITH TOMATO SAUCE

OATIE COOKIE

JELLY & FRUIT SLICES

BLUEBERRY & ORANGE TRAYBAKE

PINEAPPLE UPSIDE DOWN TRAYBAKE

FRUIT SALAD BOWLS

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

www.stirfood.co.uk

WIC: 26 Feb, 18 Mar, 22 Apr, 13 May, 10 Jun, 1 Jul, 22 Jul

week: 02

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PIRI PIRI CHICKEN

Served with
Wholegrain Rice &
Broccoli

SAUSAGE IN A BUN

Served with
Homemade Coleslaw
& Green Salad

ROAST CHICKEN

Served with
Crispy Roasties,
Carrots & Sweetcorn

**CHICKEN CHOW
MEIN**

Served with
Egg Noodles &
Green Beans

BATTERED FISH

Served with
Chips &
Baked Beans

**FIVE BEAN
VEGETARIAN CHILLI**

Served with
Wholegrain Rice &
Broccoli

**CHEESE & ONION PUFF
PASTRY SLICE**

Served with
Homemade Coleslaw
& Green Salad

**SUMMER VEGETABLE
BEAN CASSEROLE**

Served with
Crispy Roasties,
Carrots & Sweetcorn

**CREAMY COURGETTE
LASAGNE**

Served with
Mixed Salad

**VEGETABLE
FINGERS**

Served with
Chips &
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

JACKET POTATO

with Cheese or
Baked Beans

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**BUTTERMILK
PANCAKES & FRUIT
SAUCE**

**JAMMY CRUMBLE
BARS**

FRUIT BOWLS

**APPLE & CINNAMON
SLICE**

**SHORTBREAD
BISCUITS**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

let's eat, together

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WIC: 4 Mar, 25 Mar, 29 Apr, 20 May, 17 Jun, 8 Jul

week: 03

Stir.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

GARLIC CHICKEN
Served with
Penne Pasta
& Green Beans

BEEF CON CARNE
Served with
Wholegrain Rice and
Mixed Salad

ROAST CHICKEN
Served with
Crispy Roasties,
Carrots & Sweetcorn

**HOMEMADE PIZZA
MARGHERITA**
Served with
Rustic Italian Potato Salad

**GOLDEN FISH
FINGERS**
(Salmon or Pollock)
Served with
Chips &
Garden Peas

**MAC N CHEESE
WITH A CRISPY
CRUMB TOPPING**
Served with
Green Beans

**BEAN & SWEETCORN
BURRITO**
Served with
Mixed Salad

**SUPER VEGGIE
PASTRY PIE**
(Lentil & Onion) (Vg)
Served with
Crispy Roasties,
Carrots & Sweetcorn

**GOAN CAULIFLOWER &
GREEN BEAN CURRY**
Served with
Whole Grain Rice
& Broccoli

**VEGETABLE
SLOPPY JOES**
Served with
Chips & Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

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with Cheese or
Baked Beans

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with Cheese or
Baked Beans

JACKET POTATO
with Cheese or
Baked Beans

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

**Penne Pasta with
Tomato Sauce**

MELON SELECTION

SPRINKLE CAKE

CORNFLAKE TART

**VANILLA
ICE CREAM CUP**

**GINGERBREAD
COOKIES**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

menu

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