

Writtle Infant & Junior School Spring/Summer 2019 - Week 1

Option 1

Option 2

Dessert

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Meat Feast Pizza served with Rice Salad & Coleslaw	Italian Style Beef Meatballs in a rich Tomato & Basil Sauce with Pasta Quills & Sweetcorn	Roast Chicken Thigh & Stuffing served with Roast Potatoes, Seasonal Vegetables and Gravy	Homemade Puff Pastry Sausage Roll served with New Potatoes and Baked Beans	MSC Battered Cod Fillet served with Oven Chips and Garden Peas
Option 2	Cheese & Tomato Pizza served with Rice Salad & Coleslaw	Italian Style Quorn Pieces in a rich Tomato & Basil Sauce with Pasta Quills & Sweetcorn	Roast Quorn Fillet served with Roast Potatoes and Seasonal Vegetables	Homemade Meat Free Sausage Roll served with New Potatoes and Baked Beans	Baked Spanish Omelette served with Oven Chips & Garden Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Lemon Drizzle Cake	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Rice Krispie Cakes	Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Chip Cookies

Week commencing - 29th April, 20th May, 17th June, 8th July, 2nd September, 23rd September & 14th October

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <http://j.mp/2T7gHZY>

ASHLYNS
High Laver Hall, Ongar, Essex, CM5 0DU
Tel: 01277 890411/821 Fax: 0871 431 0608
E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

Writtle Infant & Junior School Spring/Summer 2019 - Week 2

Option 1

Mexican Chicken Wrap served with Brown Rice & Salad

Beef Lasagne served with Mixed Green Salad

Roast Gammon served with New Potatoes and Sliced Carrots

All Day Breakfast including Hash Browns

MSC Battered Cod Fillet served with Oven Chips and Minted Peas

Option 2

Mexican Quorn Wrap served with Brown Rice & Salad

Macaroni Cheese served with Mixed Green Salad

Roasted Vegetable & Lentil Strudel served with New Potatoes and Sliced Carrots

All Day Meat Free Breakfast including Hash Browns

Cheese & Potato Pasty served with Oven Chips and Minted Peas

Dessert

Freshly Cut Fruit
or
Organic Fruit Yoghurt

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Iced Chocolate Sponge

Freshly Cut Fruit
or
Organic Fruit Yoghurt

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Shortbread

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Fruit Jelly

Week commencing - 6th May, 3rd June, 24th June, 15th July, 9th September, 30th September & 21st October

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <http://j.mp/2T6XWFU>

ASHLYNS
High Laver Hall, Ongar, Essex, CM5 0DU
Tel: 01277 890411/821 Fax: 0871 431 0608
E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

Writtle Infant & Junior School Spring/Summer 2019 - Week 3

Option 1

Option 2

Dessert

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sticky Chicken Thigh served with Wholemeal Rice & Peas	Cheese & Bacon Whirl served with New Potatoes & Green Beans	Roast Topside of Beef served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy	Ashlyns Beef Burger in a Bun served with Pasta Salad	MSC Cod Fish Fingers served with Oven Chips, Pasta Hoops or Baked Beans
Option 2	Wholemeal Roasted Vegetable & Chickpea Paella served with Peas	Cheese & Potato Whirl served with New Potatoes & Green Beans	Covent Garden Quiche served with Roast Potatoes, Seasonal Vegetables & Gravy	Meat Free Burger in a Bun served with Pasta Salad	Cheese & Pepper Wrap Stack served with Oven Chips, Pasta Hoops or Baked Beans
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Banana Cake	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Flapjack	Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream

Week commencing - 13th May, 10th June, 1st July, 22nd July, 16th September & 7th October

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data. Or visit <http://j.mp/2T2l7Bb>

ASHLYNS
High Laver Hall, Ongar, Essex, CM5 0DU
Tel: 01277 890411/821 Fax: 0871 431 0608
E-mail: info@ashlyns.co.uk www.ashlyns.co.uk

