

Writtle Infant & Junior School - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Bacon Pasta Bake served with Mixed Salad and Herby Bread	Southern Style Breaded Chicken with Braised Vegetable Rice (skinless b/less thigh)	Roast Topside of Beef & Yorkshire Pudding served with Roast Potatoes, Cauliflower Florets, Carrots & Gravy	Baked Ashlyns Sausage Crushed New Potatoes & Baked Beans	Battered Fillet of Cod served with Oven Chips & Garden Peas
Option 2	Pasta with Homemade Tomato & Lentil Sauce Topping served with Mixed Salad and Herby Bread	Southern Style Breaded Quorn Strips with Braised Vegetable Rice	Lentil & Vegetable Loaf & Yorkshire Pudding served with Roast Potatoes, Cauliflower Florets, Carrots & Gravy	Baked Quorn Sausage Crushed New Potatoes & Baked Beans	Red Onion & Tomato Wholemeal Quiche with Oven Chips & Garden Peas
Dessert	Freshly cut fruit or Organic fruit yoghurt	Freshly cut fruit or Organic fruit yoghurt or Lemon Shortbread	Freshly cut fruit or Organic fruit yoghurt	Freshly cut fruit or Organic fruit yoghurt or Frozen Yoghurt	Freshly cut fruit or Organic fruit yoghurt or Jam Sponge with Custard

Week commencing - 29th Oct, 19th Nov, 10th Dec, 7th Jan, 28th Jan, 25th Feb, 18th Mar

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily ...
Jacket Potato with filling (except Wednesday)
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <http://j.mp/2EdQ2s6>

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Writtle Infant & Junior School – Week 2

Option 1

Option 2

Dessert

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza served with Coleslaw & mixed bean salad	Mild Chicken Curry with Turmeric Rice & Broccoli Florets	Roast Pork served with Apple Sauce, Roast Potatoes, Shredded Cabbage, Carrots & Gravy	Ashlyns Cheese Burger in a Bun served with Pasta Salad & Coleslaw	Battered Fillet of Cod served with Oven Chips & Baked Beans
Margarita Pizza served with Coleslaw & mixed bean salad	Sweet Potato, Spinach Lentil & Dhal with Turmeric Rice & Broccoli Florets	Roasted Vegetable & Lentil Wellington served with Roast Potatoes, Shredded Cabbage, Carrots & Gravy	Vegetarian Burger in a Bun served with Pasta Salad & Coleslaw	Cheese, Bean & Spinach Wholemeal Wrap Stack served with Mixed Salad
Freshly cut fruit or Organic fruit yoghurt	Freshly cut fruit or Organic fruit yoghurt or Frozen Yoghurt	Freshly cut fruit or Organic fruit yoghurt	Freshly cut fruit or Organic fruit yoghurt or Iced Apple Cake	Freshly cut fruit or Organic fruit yoghurt or Oat & Ginger Cookies

Week commencing - 5th Nov, 26th Nov, 17th Dec, 14th Jan, 4th Feb, 4th Mar, 25th Mar

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Available Daily ...
Jacket Potato with filling
(except Wednesday)
Wholemeal bread
Choice of salads
Water



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Writtle Infant & Junior School – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pork Sausage 'Toad in the Hole' with New Potatoes & Cabbage	Sweet & Sour Chicken served with Egg Rice & Sweetcorn	Slow Roasted Gammon served with Gravy, Roast Potatoes, Broccoli & Carrots	Beef Bolognaise Wholemeal Pasta Bake with 'Home Made' Garlic Bread & Peas	MSC Breaded Omega 3 Fish Fingers served with Oven Chips and Baked Beans
Option 2	Quorn Sausage 'Toad in the Hole' with New Potatoes & Cabbage	Quorn, Vegetables & Mixed Peppers in Yellow Bean Sauce served with Egg Rice & Sweetcorn	Cheese, Egg, Onion & Potato Pasty served with Roast Potatoes, Broccoli & Carrots	Creamy Macaroni Cheese served with 'Home Made' Garlic Bread & Peas	Courgette & Feta Cheese Fritatta served with Oven Chips & Baked Beans
Dessert	Freshly cut fruit or Organic fruit yoghurt	Freshly cut fruit or Organic fruit yoghurt or Apple Crumble & Custard	Freshly cut fruit or Organic fruit yoghurt	Freshly cut fruit or Organic fruit yoghurt or Chocolate Cookies	Freshly cut fruit or Organic fruit yoghurt or Fruit Jelly

Week commencing - 12th Nov, 3rd Dec, 31st Dec, 21st Jan, 11th Feb, 11th Mar, 1st Apr

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Available Daily ...
Jacket Potato with
filling (except Wednesday)
Wholemeal bread
Choice of salads
Water



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Or visit <http://j.mp/2Ebu3IG>

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